



## Innovative Interventions to Improve Swallowing in Patients with Dysphagia and Aspiration

Guest Editor:

### Dr. Hideki Sekiya

Department of Oral Surgery,  
School of Medicine, Toho  
University, Tokyo 143-8541,  
Japan

Deadline for manuscript  
submissions:

**closed (30 June 2025)**

### Message from the Guest Editor

It has been exactly 30 years since I have been involved in the evaluation and rehabilitation of dysphagia. During that time, the understanding of swallowing functions and the systematization of its evaluation methods and rehabilitation have undergone remarkable developments. Moreover, the importance of a multidisciplinary team approach has been emphasized, and the decision that a patient is "unable to eat" is no longer made by a single medical professional. On the other hand, techniques used for the functional recovery of dysphagia are still biased by their careers, and the opinions of highly specialized individuals are also important. Therefore, we have attempted to create a special feature with the overarching goal of highlighting 'Innovative Interventions to Improve Swallowing'.

We welcome original papers and review articles on various aspects of systemizing monitoring and intervention for dysphagia; oral appliances and rehabilitation machines; new swallowing function assessments; new approaches related to medications, oral care, taste, smell, and hot and cold stimuli; as well as other trending topics.





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Lorraine S.  
Evangelista**

Sue & Bill Gross School of  
Nursing, University of California,  
Irvine, CA 92697, USA

## Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

**Journal Rank:** JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

## Contact Us

---

Healthcare Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/healthcare](http://mdpi.com/journal/healthcare)  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)  
[X@HealthcareMDPI\\_](https://twitter.com/HealthcareMDPI_)