



## Dietary Management of Inherited Metabolic Disorders

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### Message from the Guest Editors

Dear Colleagues,

Endocrine disorders and metabolic diseases in relation to dietary intolerance occur when abnormal biochemical reactions interfere with the body's metabolism. These disturbances can affect the proper breakdown of large molecules for energy, disrupt the efficient production of energy by cells, or cause problems with energy regulation.

The epidemiology of these disorders is very diverse, and their increasing prevalence in the population is becoming problematic. The wide variety of symptoms of these disorders also creates issues and extends the diagnostic process.

It is important to describe the health needs of intolerant patients and family members related to the role of the pharmacist and to carry out actions related to medicines to facilitate information for patients and health professionals.

This Special Issue will publish advancements and current trends related to dietary management of inherited metabolic disorders, diagnosis, tools, and treatment. Research and review articles on the presented and related topics are appropriate for this special edition of *Healthcare*.





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## Message from the Editor-in-Chief

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