

## Special Issue

# New Advances in Sports Medicine and Rehabilitation

### Message from the Guest Editor

The field of sports medicine and rehabilitation is rapidly evolving, integrating advanced diagnostic tools, evidence-based treatment protocols, and innovative exercise-based rehabilitation strategies to optimize patient outcomes. Accurate diagnosis and effective management are crucial for treating sports-related injuries and chronic conditions, facilitating recovery, preventing further complications, and ensuring long-term functionality. This Special Issue aims to advance the understanding of diagnostic and assessment techniques, exercise-based strategies, and management protocols to enhance the quality of care for athletes and patients recovering from musculoskeletal and other sports-related injuries, or ones with chronic conditions such as neurological disorders. We invite high-quality submissions, including observational studies, experimental research, and systematic reviews, which explore innovative assessment and diagnostic techniques, management practices, and rehabilitation strategies in sports medicine.

### Guest Editor

Dr. Sergio Maroto Izquierdo

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### Deadline for manuscript submissions

30 August 2026



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

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