

## Special Issue

# Effects of Physical Activity on Physical and Psychological Health

### Message from the Guest Editor

This Special Issue invites investigators to examine the effects of PA on physical and psychological health among populations from different backgrounds with or without chronic health conditions across their lifespans by contributing original research and review articles. Investigators will contribute to addressing the following, but not limited to, potential topics:

- Examining an association of varied types and intensity levels of physical activity with specific physical health and/or psychological health for a targeted population with or without chronic conditions.
- Identifying the mediators and/or moderators of a relationship between physical activity and physical and/or psychological health for a targeted population.
- Examining the effects of innovative physical activity interventions on improving and/or maintaining specific physical and/or psychological health among a targeted population.
- Examining the effects of technology-enhanced/integrated physical activity interventions on improving specific physical and/or psychological health for a targeted population.

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### Guest Editor

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### Deadline for manuscript submissions

closed (2 December 2024)



## Healthcare

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Impact Factor 2.7  
CiteScore 4.7  
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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.4 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the second half of 2025).