

Special Issue

Update on the Nutritional Management for Chronic and Communicable Diseases

Message from the Guest Editor

The rise of chronic diseases continues to be a health concern worldwide. Obesity, cardiovascular diseases, metabolic-associated fatty liver disease, hypertension, diabetes, and inflammatory disorders have a negative impact on the quality of life of the human population. In addition, these conditions may complicate the outcomes of communicable diseases such as viral infections. Lifestyle factors such as the adoption of unhealthy dietary patterns with high contents of sugar and saturated fat and deficiencies in essential micronutrients significantly contribute to the incidence and burden of these diseases. Thus, diverse nutritional strategies have been implemented for their precise management, including the prescription of diets with different macronutrient distributions, as well as the administration of vitamins, minerals, healthy fatty acids, and bioactive food compounds with potential antioxidant and anti-inflammatory properties. This Special Issue of *Healthcare* is dedicated to offering an overview of these therapies, emphasizing the mechanisms involved, where original research articles and reviews on humans and experimental models are welcome.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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