

Special Issue

Diabetes Care and Weight Control: Challenges and Prospects

Message from the Guest Editor

The increasing prevalence of diabetes represents a significant global health challenge, exacerbated by issues of weight management. Irrespective of the predictions made by the International Diabetes Federation, each landmark year brings a surpassing of said predictions, urging healthcare professionals, institutions and individuals to take action. The effective management of diabetes is intrinsically linked to weight control, as obesity is a major risk factor for the development and progression of this chronic disease. This Special Issue invites a wide range of research topics focused on healthcare strategies for diabetes management and weight control. We seek original research articles, case reports and critical reviews (narrative/systematic) that explore innovative approaches and solutions. The topics of interest include, but are not limited to, weight management, diet and nutrition, physical activity, patient-centered care, body composition, dietary habits, diabetes self-care and other related topics. We look forward to receiving your contributions.

Guest Editor

Dr. Deiana Roman

3rd Department of Internal Medicine: Diabetes, Nutrition, Metabolic Diseases and Rheumatology, University of Medicine and Pharmacy "Victor Babes" Timișoara, 300041 Timișoara, Romania

Deadline for manuscript submissions

closed (30 April 2026)



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/207841

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.4 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the second half of 2025).