

Special Issue

Diabetes Care and Weight Control: Challenges and Prospects

Message from the Guest Editor

The increasing prevalence of diabetes represents a significant global health challenge, exacerbated by issues of weight management. Irrespective of the predictions made by the International Diabetes Federation, each landmark year brings a surpassing of said predictions, urging healthcare professionals, institutions and individuals to take action. The effective management of diabetes is intrinsically linked to weight control, as obesity is a major risk factor for the development and progression of this chronic disease. This Special Issue invites a wide range of research topics focused on healthcare strategies for diabetes management and weight control. We seek original research articles, case reports and critical reviews (narrative/systematic) that explore innovative approaches and solutions. The topics of interest include, but are not limited to, weight management, diet and nutrition, physical activity, patient-centered care, body composition, dietary habits, diabetes self-care and other related topics. We look forward to receiving your contributions.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).