



An Integrative Approach to Global Ageing: Strategies and Actions Plans

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Message from the Guest Editors

In 2019, the global population aged 60 years and over (older adults) was just over 1 billion people, representing 13.2% of the world's total population of 7.7 billion. That number is 2.5 times greater than

According to WHO reports, global life expectancy at birth increased from 66.8 years in 2000 to 73.3 years in 2019, and healthy life expectancies (HALEs) at birth increased from 58.3 years to 63.7 years, showing that HALE has a slower increment than global life expectancy, leading to a slightly larger proportion of years lived with disability.

The WHO defines healthy ageing as “the process of developing and maintaining the functional ability that enables well-being in older age.” Based on this, there are three components to be measured using common standards and metrics: functional ability, intrinsic capacity, and environments.

In this sense, a more holistic and integrated approach could be crucial in investigating current and future actions of elderly people.

We would like to solicit quality articles to this Special Issue which we hope will help us to better prepare for a future with an active and healthy ageing population.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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