



Depression and Suicide: Current Perspectives

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Message from the Guest Editors

As a mood disorder (Stimmung), depression is not limited to the feeling of sadness, which is fleeting and transient. Mood is of basal order and establishes itself as an existential foundation, hindering the ability of individuals with depression to relate to the world and others. In the melancholic experience, suicide emerges as the last resort to escape suffering, representing the final attempt to find relief.

Therefore, it is of great relevance to conduct studies that seek a deeper understanding of the mental conditions that lead to suicide. A suggestion for these studies is to focus on the phenomenon of suicide related to depression in all stages of life, from youth to old age, and examine the specific rates of suicide and depression associated with other psychopathologies. This would allow for more effective interventions, personalized for each individual and type of mental disturbance, including the psychotherapeutic context as a preventive approach.





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