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The Mental Well-Being of Caregivers: Impacts, Benefits and Advancements

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Message from the Guest Editor

In this Special Issue, we would like to explore the effects of caregiving on mental well-being, including all three aspects in the caregivers themselves and/or other aspects that are also related to the caregivers. These effects may have a negative impact, or on the other hand, a positive benefit to caregivers. As a public mental health measure, we are also interested in investigating efficacious and effective interventions for the advancement of the mental well-being of caregivers.









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Message from the Editor-in-Chief

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