



Advances in Mental Health and Well-Being at the Workplace

Guest Editor:

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Message from the Guest Editor

Stress and strain levels in many industries surged due to massive demand, while mental burdens increased due to job insecurities in others, often in combination with additional pressures.

This Special Issue of *IJERPH* invites research that makes new contributions to the promotion of mental health and well-being at the workplace. It seeks scholarly work that adds significantly to the knowledge base, e.g., by a focus on emerging topics in mental health and wellbeing at the workplace, an emphasis on industries and jobs or job types that are currently underrepresented in research, the investigation of changes in workplaces that result in the need for innovative approaches in mental health promotion, or successful examples of implementing these. Moreover, articles are welcome that critically engage in discussing the role organizations should (or not) play in mental health promotion at the workplace, and why.

Contributions to this Special Issue must be in the form of an original research article (quantitative, qualitative, or mixed-method), conceptual paper, or review.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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