



Physical Activity in Cancer and Chronic Disease

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Message from the Guest Editor

Cancer is one of the leading causes of death worldwide. It is anticipated that, by 2040, the number of new cancer cases per year will increase to 29.5 million and the number of cancer deaths will increase to 16.4 million (National Cancer Institute). Cancer is a subject of great scientific interest.

High levels of sedentary behavior are associated with a variety of adverse physical health outcomes among adults, including an increased incidence of diseases such as cancer.

There remains a great deal of ignorance and many unanswered questions about the benefits of physical activity; there is a great need to develop strategies to improve prevention, treatment and physical recovery through physical activity.

This Special Issue is open for the submission of research within the thematic area of the effects of physical activity on cancer. The keywords listed below provide an overview of some of the possible areas of interest.

cancer; physical activity; resistance; training; aerobic; anaerobic; strength





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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