



Cross-Cultural Perspectives on Mental Health Personal Recovery

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Message from the Guest Editors

Mental health personal recovery is commonly defined as the unique, personal process by which people with mental health problems regain control over their lives, and build a meaningful and satisfying life despite their condition. This is different from clinical recovery, where someone recovers from the mental health problems, experiencing none or fewer of those. Care is needed for personal recovery and clinical recovery for people with mental health problems to live a meaningful and satisfying life. However, historically and in many countries, clinical recovery has been emphasised more than personal recovery. Personal recovery has been receiving global attention. However, how personal recovery is understood differently and practiced differently across cultures remains under-explored. This Special Issue focuses on cross-cultural views on personal recovery. We welcome studies from any part of the world, but especially those from non-WEIRD (Western, educated, industrialised, rich and democratic) countries are welcome to report what has been under-reported.





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Message from the Editor-in-Chief

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