



Cross-Cultural Perspectives on Mental Health Personal Recovery

Guest Editors:

Dr. Yasuhiro Kotera

Dr. Jessica Jackson

Dr. Gülcan Garip

Dr. Ann Kirkman

Dr. Pilar Martin

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Message from the Guest Editors

Mental health personal recovery is commonly defined as the unique, personal process by which people with mental health problems regain control over their lives, and build a meaningful and satisfying life despite their condition. This is different from clinical recovery, where someone recovers from the mental health problems, experiencing none or fewer of those. Care is needed for personal recovery and clinical recovery for people with mental health problems to live a meaningful and satisfying life. However, historically and in many countries, clinical recovery has been emphasised more than personal recovery. Personal recovery has been receiving global attention. However, how personal recovery is understood differently and practiced differently across cultures remains under-explored. This Special Issue focuses on cross-cultural views on personal recovery. We welcome studies from any part of the world, but especially those from non-WEIRD (Western, educated, industrialised, rich and democratic) countries are welcome to report what has been under-reported.





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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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MDPI, Grosspeteranlage 5
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