



Research on the Gerontology: Improving the Quality of Life and Health of the Older Adults

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Message from the Guest Editors

Society has given little importance to old age, and treated it with rejection. This statement is harsh, but real, as it is a constant practice in a modern and current social culture that sees the elderly as a person with many health problems, placing them in a position of frailty and dependence, which affects their quality of life.

With the advancement of technology and health care, life expectancy has increased considerably. Health professionals, especially those who work with geriatrics and gerontology, have worked to improve access to health services and identify syndromes in the elderly and to support the family.

In this sense, this Special Issue aims to disseminate the knowledge of researchers working in the field of geriatrics and gerontology and who carry out research in gerontology to improve the quality of life and health of the elderly.

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