



Team Sports: Health, Fitness & Performance

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Message from the Guest Editors

Dear Colleagues,

In the field of team sports, there is increasing concern for the integral health of the athlete, as it has been shown that it directly affects their sporting performance. For this reason, this Special Issue will cover research into different areas of sports performance in team sports: resistance or endurance training, recovery, nutrition, mental health, etc. In addition, studies on the evaluation of the individual performance of athletes and referees through the use of technology and big data will be considered. We invite articles describing the following:

- Fitness performance analysis in team sports: internal and external load
- Exercise physiology and health
- Psychological demands and mental health in team sports performance
- New technologies for sport performance.



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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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