



The Effect of the Physical Activity on the Health of People

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Message from the Guest Editors

This Special Issue of the *International Journal of Environmental Research and Public Health (IJERPH)* focuses on the current state of knowledge on the effects of different types of physical exercise on people's health, and welcomes new research papers, reviews, and case reports. Papers on new approaches to the practice of physical exercise in relation to their health or risk assessment are also welcome. Other accepted manuscript types include methodological papers, position papers, brief reports, and commentaries.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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