



Active and Healthy Confinement Lifestyle (AHCL): Cross-Disciplinary Approach to Be Better Prepared for Future Pandemics

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Deadline for manuscript
submissions:

closed (31 December 2021)

Message from the Guest Editors

In order to be well prepared for possible re-closing measures as well as for future pandemics, we invite researchers in public health, epidemiology, physical activity domain, psychology, biostatistics, sociology and computer science to submit high-quality empirical papers, systematic reviews or meta-analyses in the following areas:

- Investigating changes in lifestyle behaviors (e.g., physical activity, diet, sleep, social participation, etc.) during COVID-19;
- Aiming to provide scientific data to help identify risk factors for psychosocial strain during the COVID-19 outbreak;
- Investigating the effect of different restriction levels on lifestyle behaviors and mental wellbeing;
- Investigating the effect of exercising and/or maintaining other confinement-healthy behaviors on physical and mental health;
- Dealing with reopening and/or reclosing measures and their effect on physical and mental health;
- Focusing on the application of digital technology to promote Active and Healthy Confinement Lifestyle (AHCL);
- Dealing with the potential of big data in promoting physical and mental health during pandemics.





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Editor-in-Chief

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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