



2nd Edition of Active and Healthy Confinement Lifestyle (AHCL): Cross-Disciplinary Approach to Be Better Prepared for Future Pandemics

Guest Editors:

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Deadline for manuscript
submissions:

closed (31 March 2023)

Message from the Guest Editors

The COVID-19 pandemic means that many of us are staying at home and doing less in terms of social interactions and exercise. In order to be well prepared for possible re-closing measures as well as for future pandemics, we invite researchers to submit high-quality papers that investigating changes in lifestyle behaviors during the COVID-19; aiming to provide scientific data to help identify risk factors for the psychosocial strain during the COVID-19 outbreak; investigating the effect of different restriction levels on lifestyle behaviors and mental wellbeing; investigating the effect of exercising and/or maintaining other confinement healthy behaviors on physical and mental health; dealing with reopening and/or reclosing measures and their effect on physical and mental health; focusing on the application of digital technology to promote Active and Healthy Confinement Lifestyle; dealing with the potential of big data in promoting physical and mental health during pandemics; discussing the design, implementation, and evaluation of behavioral and policy interventions aiming to address physical and mental health problems derived from pandemic situations.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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