



Adolescent Health Risk Behaviors and Mental Health

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Deadline for manuscript
submissions:

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Message from the Guest Editors

Dear Colleagues,

Adolescence is an important stage of human development. This stage may be positive and fulfilling, but it is also likely to be stressful as adolescents are faced with major challenges they may not have the knowledge, experience, or skills to manage. Changing social norms and the ubiquitous presence of social media since the early-to-mid-2000s have added an important developmental context for adolescents which is likely to heighten the emergence of different health risk behaviors and mental health problems.

This Special Issue seeks to deepen our understanding of adolescent health risk behaviors and their impacts on mental health, as well as prevention strategies and targeted intervention. We welcome papers on topics such as school violence, school bullying, cyberbullying, dating and sexual violence, suicidal behaviors, obesity, excessive screentime behaviors, unhealthy diet habit, physical inactivity, smoking, alcohol use, illicit substance use, as well as risky sexual behaviors. Empirical studies, intervention studies, as well as high-quality systematic reviews and meta-analytic studies will be considered.

Guest Editors





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Editor-in-Chief

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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