



Advances in Work-Related Stress Prevention and Management

Guest Editor:

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Message from the Guest Editor

Policies and practices that promote healthy work are a benefit to everyone. It is, however, now more than 20 years since Levy et al. published “Work-related stress—it’s time to act”. Various theories that sought to explain work-related stress and its causes had already been proposed, there was evidence that exposure to workplace stressors threatened individual psychological and physical health, and a business case for action through the accumulating evidence of the substantial economic cost to organizations and society of occupational stress existed. After 20 years, psychosocial hazards at work remain a significant problem and a global concern. There is international agreement that occupational stressors must be better managed. Whilst there is consensus that a proactive population approach is required to prevent or at least ameliorate the effects of stressors and that reactive approaches do not meet normal duty-of-care expectations on employers, successful intervention is difficult. There have been various initiatives to help employers tackle work-related stress (*Management Standards Cousins et al 2004*). What else is being done to tackle work-related stress?





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Message from the Editor-in-Chief

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