



Immersing in an Enriched Environment: Aquatic Therapy in a Modern Perspective

Guest Editors:

**Prof. Dr. Javier Güeita
Rodríguez**

Physical Therapy, Occupational
Therapy, Rehabilitation and
Physical Medicine Department,
Rey Juan Carlos University
(URJC), Madrid, Spain

**Prof. Dr. Antonio Ignacio
Cuesta Vargas**

1. Department of Physiotherapy,
University of Malaga, 29071
Malaga, Spain
2. Biomedical Research Institute
of Malaga (IBIMA), 29590 Malaga,
Spain
3. Faculty of Health Science,
School of Clinical Science,
Queensland University
Technology, 4000 Brisbane,
Australia

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Message from the Guest Editors

The use of water and its application in aquatic therapy has streamed since the development of the evidence-based practice model. Aquatic therapy provides an enriched environment in which children, adults, and the elderly can participate, with improvements in functioning and quality of life in a wide range of disability conditions. Therapeutic aquatic exercise programs can provide a fun and motivating form of physical activity, supporting the physical, social, and emotional wellbeing of patients. Aquatic therapy has grown enormously today; however, there has been an emphasis on the further research and implementation of aquatic therapy in health care sciences.

This Special Issue welcomes original studies that consider and apply aquatic therapy on health care science. All disability conditions can be addressed. We welcome studies that have the potential to change clinical care settings and health policy.

This Special Issue will provide readers with the state-of-the-art theory and practical information on health research perspectives that determine the uptake of aquatic therapy in the health care science and services.





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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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