



The Association Between Cognitive Function and Adolescent Mental Health

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Message from the Guest Editors

It is estimated that 20% of adolescents aged 10 to 15 years have a diagnosable mental health disorder, with half of adult disorders emerging by 14 years of age. A core feature of mental illness is cognitive dysfunction, with increased dysfunction associated with the severity and duration of the illness. A large body of research demonstrates that cognitive impairments (e.g., attention, learning, memory, processing speed, and executive functioning) are evident early in the course of mental illnesses. Cognitive impairments are also evident in young people seeking help for mental ill health who do not meet the full diagnostic criteria for a mental disorder, but who are at increased risk of progressing to full-threshold disorder. Importantly, cognitive impairments are associated with poor functional outcomes in youth with mental illness, who achieve poorly academically and have difficulties maintaining social connections.

This Special Issue aims to increase our understanding about the association between cognitive impairments and mental health problems in youth.





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Message from the Editor-in-Chief

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