



Prevention, Nursing and Treatment Monitoring of Chronic and Autoimmune Diseases in Adults and Elderly People

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Message from the Guest Editor

Chronic diseases and multimorbidity are often accompanied by a condition known as frailty, a condition of accelerated aging, defined by a state of vulnerability to poor homeostasis resolution after a stressful event, as a consequence of the cumulative decline of many physiological systems over the course of a lifetime. Frailty is more prevalent in patients affected by rheumatic diseases, regardless of age and is associated with high disease activity to affect the clinical outcomes, largely due to chronic inflammation. The treatment of these underlying conditions may prevent frailty, or at least lead to improved health outcomes. The purpose of this Special Issue is to take stock of the latest evidence on this topic, such as, but not limited to:

- Self-care in autoimmune and chronic diseases;
- Advances in prevention of disease worsening;
- Role and tools of the family and community nurse in the assessment of frailty and chronic conditions;
- Relationship of frailty and sarcopenia with autoimmune diseases;
- Role of health literacy, both of patient and caregiver, in the management of chronic and autoimmune diseases and frailty;
- Role of chronic inflammation in the pathogenesis of frailty.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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