



COVID-19 Pandemic and Children's Psychophysical Health: Issues and Challenges Ahead

Guest Editors:

Dr. Davide Gori

Department of Biomedical and
Neuromotor Sciences, University
of Bologna, 40126 Bologna, Italy

Dr. Federica Guaraldi

Pituitary Unit, IRCCS Istituto delle
Scienze Neurologiche di Bologna,
40139 Bologna, Italy

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Message from the Guest Editors

Dear Colleagues,

The Covid-19 epidemic has forcibly overshadowed the psychophysical well-being of children and adolescents, whose consequences will manifest in the near future. Measures aimed at limiting Sars-CoV-2 widespread, primarily the long lock-down periods with the closure of schools, business and recreational activities, have determined the discontinuity of the traditional “in presence education”, replaced by online learning, and the reduction of physical activity. An increasing number of studies have reported the abandon of healthy habits (i.e. regular physical activity, healthy diet, in presence social activities), while favouring unhealthy lifestyles, smoking and drug addiction and social isolation.

Aim of this special issue is to collect original studies and reviews focusing on the middle/long term consequences that restrictive measures adopted during the ongoing COVID-19 epidemics could have on children and adolescents psychophysical health.

Prof. Dr. Davide Gori
Dr. Federica Guaraldi
Guest Editors





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USA

Message from the Editor-in-Chief

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MDPI, Grosspeteranlage 5
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