



Effects of COVID-19 on Exercise and Health

Guest Editor:

Dr. Pantelis T. Nikolaidis

Laboratory of Exercise Testing,
Hellenic Air Force Academy,
Athens, Greece

Deadline for manuscript
submissions:

closed (1 May 2023)

Message from the Guest Editor

COVID-19 influences all domains of human activity since 2020, including physical activity and health. In addition to the direct impact of COVID-19 on physical and mental health outcomes, changes in physical activity may also further influence this negative impact. So far, preliminary studies have shown both quantitative and qualitative changes in physical activity. It has been observed that physical activity decreases during this period, whereas there is a swift from moderate-to-high intensity physical activity to lower intensity physical activity such as walking.

“COVID-19 on Exercise and Health” focuses on the current state of knowledge on the links among exercise, health, and COVID-19. Original research papers, systematic and narrative reviews, and case reports are welcome to this issue. Other manuscript types accepted include methodological papers, position papers, brief reports, and commentaries. Manuscripts from different disciplines including medicine, nutrition, occupational therapy, physiotherapy, psychology, and sports science are expected to provide insights on the way exercise and health aspects change during COVID-19.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI