



Risk for Chronic Stress Responses: Physical, Psychological, Behavioral Symptoms, Flexibility or Inflexibility

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

we welcome your submission paper regarding the relationships between inflexibility/perseveration—lower levels of coping flexibility, cognitive flexibility, emotion regulatory flexibility, psychological flexibility, and autonomic flexibility, deficits of inhibition or shifting, and rumination—and chronic stress responses. Chronic stress responses are not limited to depression and include physical, psychological, and behavioral symptoms. We also welcome paper on measurements of inflexibility or perseveration and the association between concepts of inflexibility or perseveration. recent studies have provided evidence that each concept on inflexibility or perseveration lead to chronic stress responses, especially depression, which is characterized by highly recurrent disorder or illness and is preceded by chronic stressors.

Key Words: Chronic stress; Cognitive flexibility; Coping flexibility; Depression; Emotion regulatory flexibility; Inhibition; Perseveration; Psychological inflexibility; Rumination, Shifting





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Message from the Editor-in-Chief

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