



## The Impact of Clinical Exercise Physiologists on Health and Wellbeing

Guest Editor:

**Dr. Lynette Hodges**

School of Sport, Exercise and Nutrition, Massey University, Palmerston North 4442, New Zealand

Deadline for manuscript submissions:

**closed (28 February 2021)**

### Message from the Guest Editor

The clinical exercise physiologist is an allied health profession that uses structured, evidence-based, and supervised exercise to treat patients with a wide range of long-term medical conditions. The health gains for many patients are hugely significant. It is important to ensure that clinical exercise physiologists are applying the best practice to those with chronic conditions that enables patients to have a significant shift in improving and managing their health. This editorial will examine exercise as an important aspect of staying well and managing individuals' health and well-being. Important articles in this area will address the cost-benefit of services that clinical exercise physiologists may offer.





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**

RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard Dixon  
Research Center, Morgan State  
University, 1700 E. Cold Spring  
Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (Public Health, Environmental and Occupational Health)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
X@IJERPH\_MDPI