



Exercise in Living Environments: A Healthy Lifestyle

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Message from the Guest Editor

The articles featured in this Special Issue delve into topics such as the impact of built environments on physical activity levels, the role of technology in facilitating active living, and the importance of designing inclusive spaces that encourage movement for all individuals. It is our hope that this collection will inspire further research, spark innovative ideas, and inform policies aimed at creating environments that support and encourage active lifestyles.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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