



## Development of Stress, Burnout and Occupational Hygiene

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### Message from the Guest Editors

Dear Colleagues,

Surveys of working conditions in Europe show that stressful experiences have recently increased among the European and non-European workforce, although there are differences between countries and economic sectors. Chronic stressful work experiences can adversely affect physical and mental health. Mental health problems (including anxiety, depression, stress, burnout, suicidal thoughts, tobacco and alcohol use) in many employees, regardless of their specialty, are a major problem in their professional and family life. This special edition aims to provide an overview of the latest research in the field of occupational hygiene and stress in various economic sectors.

Potential research topics:

1. burnout as a social interaction affecting the mental health of an employee
2. the link between burnout and depression
3. the impact of stress on sleep quality
4. occupational discrimination
5. work-home conflict
6. individual and organizational coping strategies
7. the impact of stress on taking risky activities
8. the impact of stress on the development of somatic and mental diseases
9. the impact of burnout on rationing of care



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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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