



## Health and Economic Impacts of Healthier Lifestyles

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### Message from the Guest Editors

Healthier lifestyles, such as increased physical activity, healthy diets, and reduced health-compromising behaviors including tobacco, alcohol, and drug use, have a significant impact on society. Risk factors that contribute to unhealthy behaviors and regulatory policies that promote healthy lifestyles will impact a broad array of health and economic outcomes, such as employment, tax revenue, and disability-adjusted-life year (DALY). It is critical to enhance the knowledge of how to comprehensively model factors related to healthier lifestyles and their societal impacts. This Special Issue welcomes studies and reviews belonging to each or the interface of the broad areas of modeling healthier lifestyles.

This Special Issue aims to encourage the development of methodologies and approaches to evaluate and project the potential impact of healthier lifestyles on the society and pave the way forward for scientific research and action to promote healthier lifestyles.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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