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Health and Economic Impacts of Healthier Lifestyles

Guest Editors:

Dr. Ce Shang

Department of Internal Medicine,
Division of Medical Oncology, The
Ohio State University Wexner
Medical Center, Columbus, OH
43017, USA

Dr. Nigar Nargis

American Cancer Society,
Economic and Health Policy
Research, Atlanta, United States

Prof. Dr. Frank J. Chaloupka

University of Illinois at Chicago,
Health Policy Center, Institute for
Health Research and Policy
Chicago, United States

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Message from the Guest Editors

Healthier lifestyles, such as increased physical activity, healthy diets, and reduced health-compromising behaviors including tobacco, alcohol, and drug use, have a significant impact on society. Risk factors that contribute to unhealthy behaviors and regulatory policies that promote healthy lifestyles will impact a broad array of health and economic outcomes, such as employment, tax revenue, and disability-adjusted-life year (DALY). It is critical to enhance the knowledge of how to comprehensively model factors related to healthier lifestyles and their societal impacts. This Special Issue welcomes studies and reviews belonging to each or the interface of the broad areas of modeling healthier lifestyles.

This Special Issue aims to encourage the development of methodologies and approaches to evaluate and project the potential impact of healthier lifestyles on the society and pave the way forward for scientific research and action to promote healthier lifestyles.



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Special issue



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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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*International Journal of
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Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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