



## **Etiology, Diagnosis and Treatment of the Temporomandibular Joint and Masticatory Muscle Disorders in the Era of Emotional Challenges**

Guest Editors:

**Prof. Dr. Monika Lukomska-Szymanska**

Department of Restorative Dentistry, Medical University of Lodz, 92213 Lodz, Poland

**Dr. Klara Saczuk**

Department of General Dentistry, Faculty of Medicine, Medical University of Łódź, 90419 Łódź, Poland

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### **Message from the Guest Editors**

Every day, new research evaluating the impact of mental health on the temporomandibular joint and masticatory muscles emerges. A thorough examination and diagnosis are crucial when both researching and discussing issues pertaining to temporomandibular disorders, bruxism, and orofacial pain. Treatment and management of these issues is complex, as it involves not only dentistry but also physiotherapy along with elements of psychology and psychotherapy.

The masticatory muscles and the temporomandibular joint, along with its surrounding structures, have been shown to be affected by various psychological and psychiatric conditions. Stress, anxiety, and personality aspects have been proven to be important factors in the occurrence of bruxism, temporomandibular disorders, and orofacial pain. Increased muscle activity and tension, loss of tooth structure, along with articular disc displacements are some of the consequences of emotional distress.

This Special Issue will explore the relationship of mental health, including psychological factors, with the temporomandibular joint, its surrounding structures, and the masticatory muscles. Both reviews and research on the subject are welcome.





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USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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Health* Editorial Office  
MDPI, Grosspeteranlage 5  
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