



## Fitness Assessment, Athlete's Monitoring Cycle and Training Interventions in Team Sports

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Deadline for manuscript submissions:

**closed (30 March 2021)**

### Message from the Guest Editors

The aim of the Special Issue on “Fitness Assessment, Athlete's Monitoring Cycle and Training Interventions in Team Sports” is to publish high-quality original investigations, systematic reviews, and meta-analysis in the research field of team sports. We look forward to receiving contributions related (but not limited) to the following topics:

1. performance assessment and relationships between fitness measures;
2. training load monitoring, well-being, and readiness in team sports;
3. training interventions;
4. complementary strategies for performance (e.g., nutrition, supplementation, psychology, injury preventions, recovery); and
5. determinants of illness and injuries in players. We welcome papers related to evidence of successful intervention strategies. All manuscripts will be peer-reviewed by experts in the field.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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