



Examining the Social and Environmental Factors Influencing Food Insecurity in Rural Areas

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Deadline for manuscript submissions:

closed (30 September 2020)

Message from the Guest Editor

The U.S. Department of Agriculture defines food insecurity as a “lack of consistent access to enough food for an active, healthy life.” Food security is essential for health and development across a person’s lifespan. Food insecurity rates are higher in rural versus urban areas. There is limited evidence on why rural areas experience higher rates of food insecurity than urban areas. However, this issue is complex and food insecurity in rural areas involves numerous, interconnected factors. This issue will examine studies that explore the social and environmental factors influencing food insecurity in rural areas





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