



## Dietary Intake and Nutritional Support for Patients with Chronic Diseases

Guest Editor:

**Dr. Dominika Jamiół-Milc**

Department of Human Nutrition  
and Metabolomics, Pomeranian  
Medical University in Szczecin,  
71-460 Szczecin, Poland

Deadline for manuscript  
submissions:

**closed (30 September 2023)**

### Message from the Guest Editor

Dear Colleagues,

Numerous studies have proven that incorrect eating behavior is a risk factor for the development of a number of diseases, including cardiovascular diseases, obesity, diabetes, insulin resistance as well as cancer.

Modifying eating behavior is crucial both in the prevention and treatment of chronic diseases. It is well known that dietary interventions effectively support the treatment of diseases such as hypertension or type II diabetes, and in many cases may even replace pharmacotherapy. To date, the best-documented models of nutrition with a broad therapeutic spectrum are the Mediterranean diet and Dietary Approaches to Stop Hypertension (DASH). Although the preventive and therapeutic potential is best demonstrated by studies on the influence of holistic dietary regimens, the role of selected food products and biologically active food ingredients are also invaluable.

We invite you to share the results of your research and opinions on the impact of food ingredients or overall nutritional regimens on the development, prevention, and treatment of chronic diseases in the Special Issue "Dietary Intake and Nutritional Support for Patients with Chronic Diseases".





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**

RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard Dixon  
Research Center, Morgan State  
University, 1700 E. Cold Spring  
Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (Public Health, Environmental and Occupational Health)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
X@IJERPH\_MDPI