



Effectiveness of Physical Exercise for People with Chronic Diseases

Guest Editor:

Dr. Laisa Liane Paineiras-Domingos

Departamento de Fisioterapia,
Instituto Multidisciplinar de
Reabilitação e Saúde,
Universidade Federal da Bahia,
Salvador 40231-300, Brazil

Deadline for manuscript
submissions:

28 February 2025

Message from the Guest Editor

It is with great pleasure that we present this Special Issue entitled "Effectiveness of Physical Exercise for People with Chronic Diseases". We intend to bring together the latest productions and studies involving chronic diseases and physical exercise as an important tool for intervention, management and the prevention of the worsening of symptoms. We will consider chronic diseases that promote health conditions that limit activities of daily living, require continuous medical care and follow-up, and can last for 1 year or more and cause death or disability. Thus, we hope to bring together works that can add knowledge; raise discussions based on the most carefully gathered evidence; strengthen integration between researchers and scientists around the world; and reinforce the importance of joint action among prevention measures, the development and implementation of public policies, health education and a greater understanding that adherence to healthier lifestyle habits contributes significantly to the reduction of the onset of these diseases in our society.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI