



## The Impact of Internet and Social Media Use on Young People's Mental Health

Guest Editors:

**Dr. Amelia Rizzo**

Department of Clinical and  
Experimental Medicine,  
University of Messina, 98122  
Messina, Italy

**Dr. Dario Alparone**

Department of Psychology,  
Faculty of Letters and Human  
Sciences, University of Western  
Brittany, 20 Rue Duquesne,  
CEDEX 3, 29238 Brest, France

Deadline for manuscript  
submissions:

**30 April 2025**

### Message from the Guest Editors

The digital era has had a tremendous influence on adolescents and young people. People no longer distinguish their experience with the old categories: offline vs. online. Digital reality is the new reality. This equivalence affects psychological development, and this is a risk and vulnerability factor, with extreme potential consequences such as suicide or interpersonal violence.

This Special Issue of *IJERPH* welcomes scientific contributions which help to understand contemporary phenomena related to internet use in the adolescent mind. Studies may focus on aspects related to the self (identity, body image, ability to regulate emotions, metacognitive skills, coping, addictions, personality traits, etc.) as well as relational aspects (parasocial interactions, phubbing, sexting, ghosting, cyberviolence, etc.). These topics deserve further study, which should address the conceptualization of new phenomena and their possible prevention in terms of psychological and public health risks.





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**  
RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard N. Dixon  
Research Center, Morgan State  
University, Baltimore, MD 21251,  
USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (Public Health, Environmental and Occupational Health)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
X@IJERPH\_MDPI