



Movement Behaviours, Health, and Wellbeing in Children and Young People

Guest Editor:

Dr. Richard Tyler

Movement Behaviours, Nutrition, Health, and Wellbeing Research Group, Health Research Institute, Department of Sport and Physical Activity, Edge Hill University, Ormskirk L39 4QP, UK

Deadline for manuscript submissions:

closed (30 September 2023)

Message from the Guest Editor

The introduction of 24-hour movement behaviour guidelines for children and adolescents has guided a shift in the study of physical activity, sedentary behaviour, and sleep. This has resulted in the growth of research into achieving 24-hour movement behaviour guidelines, as well as the associations between 24-hour movement behaviours in combinations or compositions and various health and wellbeing outcomes.

The aim of this Special Issue in the IJERPH is to showcase the novel research being conducted in this field. Researchers are invited to submit work that focuses on movement behaviours, health, and wellbeing in children and young people. Areas could include (although not limited to) movement behaviours considered collectively, in combination, or compositions, and links with any physical (physiological), psychological, social, cognitive, and/or mental health and wellbeing outcome in children and/or adolescents (young people).

Submissions could include original research articles, short communications/reports/case study, review articles or opinion papers. There are no restrictions regarding study designs and methodologies.





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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

Department of Biology, College
of Science, Engineering and
Technology, Jackson State
University, 1400 Lynch Street, Box
18750, Jackson, MS 39217, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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*International Journal of
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Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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