



Movement Behaviours, Health, and Wellbeing in Children and Young People

Guest Editor:

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Deadline for manuscript submissions:

closed (30 September 2023)

Message from the Guest Editor

The introduction of 24-hour movement behaviour guidelines for children and adolescents has guided a shift in the study of physical activity, sedentary behaviour, and sleep. This has resulted in the growth of research into achieving 24-hour movement behaviour guidelines, as well as the associations between 24-hour movement behaviours in combinations or compositions and various health and wellbeing outcomes.

The aim of this Special Issue in the IJERPH is to showcase the novel research being conducted in this field. Researchers are invited to submit work that focuses on movement behaviours, health, and wellbeing in children and young people. Areas could include (although not limited to) movement behaviours considered collectively, in combination, or compositions, and links with any physical (physiological), psychological, social, cognitive, and/or mental health and wellbeing outcome in children and/or adolescents (young people).

Submissions could include original research articles, short communications/reports/case study, review articles or opinion papers. There are no restrictions regarding study designs and methodologies.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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