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Healthy Life: Sport, Medicine and Care

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Message from the Guest Editors

Dear Colleagues,

Insufficient physical activity is associated with an increased risk for chronic diseases with a high disease burden and contributes to frailty and loss of independence in old age. Thus, the incorporation of exercise as a preventative and therapeutic measure should be adopted in the health care setting. For this Special Issue, we are seeking research papers on the role of exercise and physical activity in medical care for individuals of all ages, both those in the general population and those in special disease populations. Possible endpoints can include disease-related objectives and patient-related outcomes. Papers on the implementation and evaluation of care concepts, including exercise, are also of interest.

Prof. Dr. Winfried E. Banzer
Dr. Eszter Füzéki
Guest Editors



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Special Issue



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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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