



Musculoskeletal Disorders, Physical Rehabilitation and Health

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Message from the Guest Editors

Musculoskeletal disorders are very common, and their consequences make an important contribution to disability. The current lifestyle promotes a lack of movement associated to a wide range of related physical and psycho-social disorders. On the other hand, there are multiple pathologies that can affect muscles, bones, and joints in a primary or secondary way, either permanently or temporarily. The resulting economic burden is considerable, with a continuous rise as the population ages. Physical rehabilitation is a holistic approach with physical and psycho-social applications in people with acute and chronic conditions, such as musculoskeletal and neurological disorders, amputations, pelvic organ disorders, cardiorespiratory issues, cancer, disability pain and dysfunction, among others. The aim of this Special Issue is to explore all the aspects of the prevention, diagnosis and management of musculoskeletal disorders and physical rehabilitation processes through a multidisciplinary point of view.





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Message from the Editor-in-Chief

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