

International Journal of *Environmental Research* and Public Health



an Open Access Journal by MDPI

Physical Activity and Sedentary Behaviour in Children and Youth

Guest Editors:

Dr. Hanna Nałęcz

Department of Child and Adolescent Health, Institute of Mother and Child, 17A Kasprzaka Str., 01-211 Warsaw, Poland

Dr. Talita Honorato-Rzeszewicz

Department of Epidemiology, Institute of Mother and Child, 17A Kasprzaka Str., 01-211 Warsaw, Poland

Dr. hab. Ida Laudańska-Krzemińska

Department of Physical Activity and Health Promotion Science, Poznań University of Physical Education, 27/39 Krolowej Jadwigi Str., 61-871 Poznan, Poland

Deadline for manuscript submissions: closed (31 January 2021)

Message from the Guest Editors

For this Special Issue in *IJERPH*, we especially welcome studies carried out in children/youth population involving the following topics:

- Physical activity/sedentary behavior assessment and surveillance in the context of recommendations;
- Physical activity/sedentary behaviors and mental health;
- Psychosocial correlates of physical activity and sedentary behaviors;
- Physical literacy studies;
- Neighborhood environment—built and social, as factors influencing choices leading to physical activity/sedentary behaviors;
- Gross motor skill development;
- The association between gross motor skills and physical activity/sedentary behaviors;
- Screen- and sitting time correlates;
- Active/passive transportation and physical activity levels;
- The role of sleep duration and sleep behaviors in children and adolescents' energy expenditure behaviors.







International Journal of *Environmental Research and Public Health*



an Open Access Journal by MDPI

Editor-in-Chief

Message from the Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation, Richard Dixon Research Center, Morgan State University, 1700 E. Cold Spring Lane, Baltimore, MD 21251, USA Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

International Journal of Environmental Research and Public Health Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/ijerph ijerph@mdpi.com X@IJERPH_MDPI