



## Physical Activity across the Lifespan

Guest Editors:

**Dr. Mirja Hirvensalo**

Faculty of Sport & Health  
Sciences, University of Jyväskylä,  
40014 Jyväskylä, Finland

**Dr. Kasper Salin**

Faculty of Sport and Health  
Sciences, University of Jyväskylä,  
40014 Jyväskylä, Finland

### Message from the Guest Editors

Physical activity can be divided to different parts, including leisure-time physical activity, occupational physical activity, and commuting physical activity. This Special Issue seeks papers on physical activity across the lifespan, concentrating on papers with longitudinal data or cross-sectional data from different time points and life transitions and life events that have a positive or negative influence on activity, such as the birth of a child or retirement.

Deadline for manuscript  
submissions:

**closed (10 April 2023)**

- We are especially interested in papers that track physical activity from childhood/adolescence to adulthood or intergenerational transmission of physical activity.
- Additionally, associations of physical activity in lifespan and health problems (e.g., overweight, obesity), symptoms (e.g., hypertension), morbidity or mortality are warmly welcomed.
- Papers that concentrate on special population groups are well accepted.





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**  
RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard N. Dixon  
Research Center, Morgan State  
University, Baltimore, MD 21251,  
USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (Public Health, Environmental and Occupational Health)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
X@IJERPH\_MDPI