



## Physical Education and Health at School Age

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### Message from the Guest Editors

This Special Issue offers researchers the opportunity to publish multidisciplinary research regarding the importance and incidence of physical education in today's society. We are interested in high-quality original research, review papers or study protocols related to the practice of physical activity (sports) to generate healthy lifestyle habits that favor an adequate quality of life and prevent diseases, such as childhood obesity. The nature of this subject transversally allows improvement in other curricular subjects. It also generates suitable spaces for the development of sports learning and constructive conflict resolution. Therefore, papers that analyze the relationships between teaching methodology, sports learning and academic performance are also welcomed. Potential topics include, but are not limited to: Innovation and teaching methodologies; Motor skills and sports analysis; Physical fitness, health and quality of life; Healthy habits and lifestyles in relation to physical activity; Academic performance and co-education; Evaluation instruments.

Deadline for manuscript  
submissions:

**closed (31 December 2023)**





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## Editor-in-Chief

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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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