



## Physical Activity and Nutrition Among Border and Other Marginalized Populations

Guest Editor:

**Prof. Jennifer Salinas**

Texas Tech University Health  
Sciences Center at El Paso, El  
Paso, USA

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### Message from the Guest Editor

In this Special Issue, we will explore special challenges to physical activity and proper nutrition in communities that are marginalized by borders, socioeconomics, race/ethnicity, and other similar factors. Physical inactivity and poor nutrition are problems that are ubiquitous among the marginalized, yet research on this topic often overlooks the difficulties these populations face to maintain a proper energy balance. The aim of this Special Issue is to highlight these challenges in a collection of scientific works that reflects both these unique circumstances of marginalized populations as well as potential solutions for alleviating them.





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## Editor-in-Chief

### Prof. Dr. Paul R. Ward

Centre for Public Health, Equity  
and Human Flourishing, Torrens  
University Australia, Adelaide  
5000, Australia

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Environmental Research and Public  
Health* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

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