



## Promoting Health and Wellness: Implications for Physical Therapy

Guest Editors:

**Prof. Dr. Sohyun Park**

Department of Physical Therapy,  
Yongsan Campus, Yongsan  
University, 50510 288 Junam-ro,  
Yongsan-si, Gyeongnam, Korea

**Prof. Dr. Sanghoon Jang**

Department of Physical Therapy,  
Korea National University of  
Transportation, 61 Daehak-ro,  
Jeungpyeong-gun, Korea

**Prof. Dr. Seong-gil Kim**

Department of Physical Therapy,  
Uiduk University, 261 Donghae-  
daero, Korea

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### Message from the Guest Editors

Dear Colleagues,

This Special Issue contains important research related to physical therapy aimed at promoting health care. Physical therapy is a specialized field that improves quality of life through physical activity. The topics cover clinical evidence of the entire process of physical therapy and rehabilitation, which can include current concepts and techniques of pre- and post-operative intervention, diagnosis and patient care, the scientific basis for education and the effectiveness of physical therapy across the life span.

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*Guest Editors*





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**Prof. Dr. Paul B. Tchounwou**

RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard Dixon  
Research Center, Morgan State  
University, 1700 E. Cold Spring  
Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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