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Processed Food: Nutrition, Safety and Public Health

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Message from the Guest Editors

Dear Colleagues,

Processed foods are recognized as a source of salt, saturated fat, *trans* fatty acids, and sugar. An excessive intake of these nutrients is perceived as the leading reason for an increased risk in the development of some of the major worldwide public health concerns, such as obesity, diabetes type 2, cancer, and cardiovascular diseases.

This Special Issue offers an opportunity to publish articles and reviews that study the different aspects of processed foods, including but not limited to the nutritional quality and safety of processed foods, consumption patterns of processed foods, the impact of processed foods on diet quality and its relationship with health outcomes, reformulation strategies to enhance the nutritional quality and safety of processed foods, and interventions and policies to reduce the impact of processed foods on public health.

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Special Issue



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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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