



Psychological Distress among Different Groups of Women: Recommendations for Mental Health Promotion

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Message from the Guest Editors

Psychological distress refers to a wide range of non-specific symptoms related to common mental-health problems such as anxiety, depression, and somatization. Many studies have found women to be more vulnerable than men to psychological distress. This Special Issue aims to shed light on studies examining psychological distress among different groups of women, with groupings based on factors such as cultural context, race/ethnicity, immigration, religious affiliation, minority status, socio-economic status, age, professional background, marital status, living with disabilities, and being a youth at risk, among others. The current issue welcomes quantitative and qualitative research related to risk and protective factors contributing to psychological distress among different groups of women. Special attention will be paid to the important recommendations for promoting mental health derived from the different studies. We also welcome research related to the evaluation of the efficacy of interventions designed to decrease psychological distress and promote well-being among women.





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Message from the Editor-in-Chief

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