Advances in Mental Health First Aid Training

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Message from the Guest Editors

Mental illness is among the top ten leading causes of disability in both developed and developing countries,with depression ranked third in the global burden of disease.According to the WHO,suicide is a leading cause of death internationally,and premature death,as a result of severe mental health conditions,affects global life expectancy by as much as two decades.Most people with mental illness do not receive appropriate treatment.This may be due to systemic or personal factors,including under-resourced mental health services or a belief that professional services cannot help them.Research indicates that social networks (family, friends, co-workers)can play an important role in facilitating help-seeking,but members of the public often lack the skills and confidence to provide appropriate support.This is where mental health first aid training helps(including suicide gatekeeper training),teaching course participants the skills to have supportive conversations with those experiencing a mental health problem or crisis.This Special Issue focuses on the current state of the research surrounding mental health first aid training globally.

Special Issue

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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