



Self-Management in Neurological Patients and Its Relation to Health Outcomes

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Message from the Guest Editors

Self-management is considered a pivotal element in the management of chronic diseases and is recommended by the World Health Organization as the best practice for improving clinical care and outcomes for patients with chronic conditions. Self-management refers to the actual actions that people perform to maintain their health, including engaging in physical activity, maintaining a healthy diet, and engaging in preventive care.

People with chronic neurological conditions, such as Parkinson disease, stroke, dementia and multiple sclerosis, often cope with the symptoms of serious illness, including severe disability, for many years. Engagement in self-management may be an effective tool to help alleviate the long-standing burden of these conditions.

This Special Issue focuses on the current state of knowledge on self-management in neurological conditions throughout the entirety of life. New research papers, reviews, and position papers related to this topic are welcome.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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