



Frontiers in Sport Performance, Health, and Fitness

Guest Editors:

Dr. Athos Trecroci

Dr. Alessio Rossi

Dr. Luca Cavaggioni

Deadline for manuscript
submissions:

closed (28 February 2023)

Message from the Guest Editors

Dear Colleagues,

Sports performance, health, and fitness development and maintenance are interconnected aspects underpinning physical exercise. In sports performance, practitioners should establish what the best interventions or strategies are to improve athletes in the following domains:

Technical–tactical: Analyzing the different gestures and movements intimately correlated with sport-specific performance in individual and team sport athletes, also in the transition from youth to adult context.

Physical: Increasing the range of choices to refine practitioners' decision-making ability on the use of the most suitable and appropriate interventions in order to bring improvements in biomotor qualities and body composition, and to reduce the risk of injuries.

Cognitive: Providing additional information on the influence of cognitive function on physical performance during competitive events with the aim of helping athletes to maximize their outcomes when immersed in a highly stimulated or poorly stimulated environment.

...

The details see:

https://www.mdpi.com/journal/ijerph/special_issues/Sport_Perfo





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI