



Prevention and Management of Multimorbidity in Older People

Guest Editor:

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Message from the Guest Editor

Multimorbidity, usually defined as the presence of two or more chronic health conditions, has emerged as a prominent concern in healthcare and research and is among the most pressing health challenges facing aging populations worldwide. The prevalence of multimorbidity is expected to rise in the near future, with current global rates reaching approximately 37% and exceeding 60% in older people. Older people face specific challenges due to the widespread occurrence and complexity of multimorbidity, including prevalent chronic diseases like diabetes, hypertension, cardiovascular disease, and arthritis. The impact of multimorbidity extends beyond the individuals themselves, affecting their caregivers, healthcare providers, and healthcare systems. Managing multimorbidity becomes a complex task for both the individuals and healthcare providers, requiring a holistic approach that focuses on coordination, comprehensive care, and prioritization of treatment goals to optimize their overall health and well-being.





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Message from the Editor-in-Chief

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