



The Interface between the Internet and Mental Health

Guest Editor:

Dr. Joe Firth

NICM Health Research Institute,
Western Sydney University,
Westmead, NSW 2145, Australia

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Message from the Guest Editor

Recent years have seen a substantial increase in both academic and clinical interest in the role of digital technologies in psychiatry and mental health. For instance, numerous clinical trials across multiple psychiatric populations have provided emerging evidence that psychological interventions can be delivered via smartphones to reduce psychiatric symptoms and improve psychological wellbeing among people with mental health issues. On the flip-side of this, there is increasing speculation that certain aspects of digital technologies (such as internet addiction, or adverse interactions with social media) may negatively impact on mental health across the population.

Therefore, this Special Issue will (a) present novel data on the impact of smartphone usage on public mental health and/or clinical disorders and (b) examine the efficacy and implementation of digital interventions for people with mental health conditions. Collectively, this will increase understanding and inform evidence-based practice of digital psychiatry, while providing clear directions for future research required to take the field forward.





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Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity
and Human Flourishing, Torrens
University Australia, Adelaide
5000, Australia

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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